



EYEBROW MICROBLADING

After-Care Instructions

Caring for your new brows

Your brows may initially appear darker or more intense, with some redness and swelling. As the area heals, the skin may peel and the pigment may look lighter or different in tone. Follow the instructions below and contact Tammy if you have any questions about your aftercare.

Immediately after treatment

- If lymphatic fluid or blood appears, gently cleanse the area with saline or cooled boiled water and gauze, then carefully blot dry.
- With clean hands and a cotton swab, apply a very thin layer of the aftercare balm provided or recommended by Tammy, up to three times daily if the area feels tight.
- Some temporary redness, swelling, and stronger-looking pigment are expected. Temporary whitening around the area may subside within approximately 12 hours.

For the first 14 days

- Avoid leaving water on the treated brows for prolonged periods; do not soak them.
- Do not apply makeup directly to the brow area.
- Avoid gym workouts, swimming pools, and saunas.
- Do not pick, scratch, or pull at flakes or scabs; allow peeling skin to come away naturally.

As your brows heal

- Expect normal changes through healing, peeling, and fading stages; pigment may appear a different shade after the fine scabbing has naturally come away.
- Once the skin is fully healed, protect the brow area from sunlight with suitable sun protection to help minimize pigment fading.
- Avoid strong chemical exfoliants and glycolic acid peels near the area because they may lighten the pigment.

Long-term care and future treatments

- Wait until the skin is completely healed—typically 6-8 weeks—before having additional pigment work.
- Consider a color-refresh appointment approximately every 12-18 months, depending on your desired appearance and pigment fading.
- Tell laser or pulsed-light treatment providers that you have cosmetic tattoo pigment; these treatments can alter pigment color.

- Discuss Botox and dermal fillers with Tammy and your injector, as they may affect eyebrow appearance.
- Inform your MRI provider that you have permanent makeup. Check current blood-donation eligibility with the collection organization.

Questions about healing? Contact Microblading by Tammy.

AFTER-CARE QUICK GUIDE

Eyebrow Microblading | At-a-Glance

TIMEFRAME	INSTRUCTIONS
Immediately After Treatment	• Expect temporary redness, swelling, and darker-looking pigment. • If fluid or blood appears, gently clean with saline or cooled boiled water and gauze, then blot dry. • Apply a thin layer of approved aftercare balm with clean hands and a cotton swab, up to three times daily if the area feels tight.
First 12 Hours	• Temporary whitening or blanching may occur and generally subsides within 12 hours.
First 14 Days	• Avoid prolonged water exposure to the eyebrows. • Do not apply makeup to the treated brow area. • Avoid the gym, saunas, and swimming pools.
During Healing	• Do not pick, scratch, or pull at peeling skin or scabs. • Expect healing, peeling, and fading stages. • After scabbing naturally falls away, the pigment may appear different in color.
After Healing	• Use sun protection on the brows outdoors to help prevent pigment fading. • Avoid strong chemicals and glycolic acid peels near the brows, as these may lighten pigment.
6-8 Weeks	• Allow the area to heal completely before additional pigment work.
Every 12-18 Months	• Consider a color-refresh appointment to maintain your preferred brow appearance.

ADDITIONAL CONSIDERATIONS

Tell your provider about permanent makeup before laser or light procedures, injectables, or MRI scans. Confirm current blood-donation eligibility with your blood collection organization. Contact Tammy if you have questions about your recovery.